



**NCAeYC**  
60<sup>th</sup> Anniversary Conference  
A Diamond Jubilee

celebrating a  
**LEGACY** of **LEADERSHIP**

## NCAeYC 2013 Conference Session Offerings

### KEYNOTE SESSION

#### **Empathy: The Key to Secure Attachment, Self-Regulation, School Success and, by the Way, Healthier Relationships!**

**Dr. Becky Bailey**

The way we respond to children's distress fosters or inhibits their self-regulation skills and lifelong mental model of relationships. Most of us unconsciously have a self-sabotaging, addictive relationship with our emotions. We tend to blame others for our internal distress, seek to control things outside ourselves and medicate our discomfort with eating, shopping, working, exercising, etc. instead of managing it. New research showing the importance of our emotions to our wellbeing seems common sense, yet we have not upgraded our own social-emotional skill set enough to help children manage their emotions, arousal state or thoughts effectively. It is time for an upgrade!

There will be sessions throughout conference by Dr. Bailey's "Loving Guidance Associates".



### FEATURED SATURDAY SESSION

#### **Successful Outdoor Classrooms in Both Urban & Rural Environments**

**Kevin Carnes, Lakeshore Learning Materials**

Lakeshore Learning Materials and President Kevin Carnes were recognized on April 24, 2013 by the Arbor Day Foundation with the prestigious Rachel Carson Award for their dedication to connecting children with nature and then inspiring educators across the country to do the same. An outdoor classroom spurs outcomes in all curriculum areas, but there are strategies you can implement to help guarantee a child will learn to observe and discuss differences and comparisons among objects and material. As children explore the outdoors, they will develop independence and confidence, enhancing their own concept of self and the greater world around them.

Kevin will demonstrate how bringing an organic outdoor play area into your environment is not only desirable but very achievable, and can be a positive experience for children, teachers, and families; and regardless of the current state of your outdoor area, whether in the midst of a concrete jungle, or seemingly settled on a vast and desolate prairie, or in a simply bland suburban play space, you can achieve a nurturing and stimulating natural outdoor classroom.

#### **Director's Forum: Using Online Resources to Prepare for the Assessment Process**

Nicole Wyrick McCaskill, NC Rated License Assessment Project, and Linda Rowley, NC Rated License Assessment Project

During this interactive session, childcare center directors will sample several NCRLAP online training resources such as videos, small group activities, and worksheets. Through discussion groups, administrators will consider how to incorporate these resources during their staff meetings to not only prepare for the assessment process, but to also promote program quality enhancement and best practices for young children.

#### **Seeing the Whole Child: Integrating Physical and Behavioral Health, NC Project LAUNCH**

Martha Kaufmann and Ann Meletzke, Alamance County Health Department

This session will present information on Project LAUNCH, a comprehensive child wellness project using Triple P, the Positive Parenting Program, an evidenced based parent education program. The session describes the integration of an early childhood mental health (ECMH) specialist Family Centered Health Navigator team into two Alamance County pediatric medical practices to create Family Centered Medical Homes. Physicians and ECMH teams are trained to follow protocols for developmental screening, evidence-based prevention and treatment for social-emotional/behavioral concerns. The model, implementation, and future areas for growth, including early education settings, with findings to date will be presented.

## I Notice, I Wonder: Listening for Language

Todd Guentensberger, Center for Inquiry Based Learning

This session will satisfy any teacher who is looking for ways to build language for all children, including young children with low language development. Teachers will conduct hands-on activities in which the experience is as interesting for the adult as for the child. The visible growth of a seed, mysterious smells, and mysterious sounds. The adult's genuine curiosity, surprise, and enthusiasm are contagious and motivate children to speak about the event. The child's speech opens the door for a few simple techniques for fostering children's language.

## Technology Tools for Technical Assistance

Jenna Nelson, NC Child Care Resource & Referral Council

There are many electronic tools we can use today to support the work of Technical Assistance and Professional Development providers across the state. Sometimes, the scary part is learning how to use them! In this session, participants will experience some tools that TAs can use in their work; participants will learn how to integrate technologies to support their work, and how TAs can support one another in their work. Participants will learn that technology is both fun, and fundamental to their work as shrinking travel budgets impact face time. Session will include information about how to use certain tools to impact and drive work of Technical Assistance.

## Emerging Creative Curriculum with Student's Ideas

Constance Lee, Fayetteville State University, and Chastity Bowen

This session will implement various strategies that can be used to help make your classroom student based learning. You will learn how to demonstrate children's ideas through your lessons. During this session there will be hands-on activities and visual aids to help you gain knowledge to take back to your classroom. The session will help you become a better facilitating teacher and to use those NC standards throughout the school year.

## Literacy: More Than Just a Center!

Erin Dawson and Meredith Gurley, Lenoir County Schools

Literacy should be pervasive throughout a Pre-K classroom. Participants will learn how to incorporate reading and writing by being shown a variety of developmentally appropriate activities for promoting literacy. Forget ditto sheets and tracing letters and discover fun ways to learn how to read and write. Participants will also gain knowledge of how to talk to parents about learning through play and what is developmentally appropriate for preschool age children. Activities to offer parents to do at home with their children to prepare them for kindergarten will be shared. Come hear from teachers sharing their experiences of what really works.

## Nursery Rhymes, Movement, Brains Come Alive!

Jody Cassell and Teresqa Milton, Orange County Schools

Engage, motivate and focus your students to become full learners. Warm them up to a day of learning by moving their bodies, building their brains and teaching them language! Become an active participant observer in learning BrainDance®, an eight step sequence developed by Anne Green Gilbert that is performed in conjunction with nursery rhymes. In small groups, you will have the opportunity to develop one movement experience that you can use in your classroom tomorrow.

## Understanding the Complexity of Relationship in Childhood Development

Tracey Turner-Keyser, Full Circle Family Counseling

The efficiency of any human situation is dictated by the participant's ability to enter relationship with others. Children are no different. Children often veer from typical developmental paths and require redirection by a significant figure—someone the child can develop a healthy attachment with. Educators are often confronted with these situations and will be better equipped with a deeper understanding of the probable sources of this relationship-based perspective to childhood integration. Recognizing the spectrum of healthy attachment development is step one in deepening the educator-child relationship. Tools to deal with typical child presentations, not so typical child presentations, and parents will be detailed.

## Learning Through Music and Movement

Angela Clayton, Granville County Schools

Participants will actively engage in literacy-based activities that teach science, math, and social studies concepts through music and movement. The presenter will share how to provide a nonthreatening, inviting atmosphere where learning is made fun and exciting.

## Baby Doll Circle Time™: Innovative Strategies that Build Social and Neural Connections

Elizabeth Montero-Cefalo

Research shows secure adult-child relationships are a prerequisite for healthy child development. Now your site can provide the necessary one-on-one connections without increasing staff burdens or staff numbers by using the revolutionary approach in Baby Doll Circle Time™. It can be hard to find the one-on-one time necessary to create meaningful relationships in an early childhood setting. Yet, research shows optimal child development is dependent on healthy relationships with adults. With Baby Doll Circle Time™, your ratio of 4:1 or 10:1 can drop to 1:1 as children "relive" moments with you while delighting in circle time with their baby dolls. The instructions and activities in the Baby Doll Circle Time™ curriculum show you how to: Improve relationships between teachers and children; Reduce the stress in the early childhood setting; Utilize attachment, attunement and social play to wire the brain for optimal development; Help children develop healthy blueprints for self-regulation, relationships and sense of self. Boost your job satisfaction and ensure children thrive by sending your teachers to the training for this stress-reducing and giggle-inducing program for implementation in your site's early childhood classrooms!

## Put the PEP in their STEP! Professional and Engaging Practices for Teachers!

Bethany Schaefer, Bright Horizons

As leaders in the Early Childhood field we understand the importance of Developmentally Appropriate Practice when planning the environment for children. What about Teachers? How do we motivate them? How do we appreciate them? How can we better get to know them? How can we create an energizing environment for them? Professional & Engaging Practices (P.E.P.) will offer thoughtful answers and ideas to foster positive relationships for teaching teams and help establish partnerships between the leadership and the teachers. Topics will include team building, teacher appreciation and recognition, maintaining morale, and developing a culture unique to your center.

## Somebody Should Have Told Me: Put Your Mask On First

Regina L. Folks and Marie Marks, ECE Director's Network

In this session participants will examine their personal leadership styles and engage in group discussion to invoke a deeper understanding of the differences between being a manager versus a leader; then they will create a personal development plan outlining a balance between professional, program and personal responsibilities. To assist administrators in visualizing the importance of enhancing an awareness of their own personal/professional development the participants will experience relevant training to maintain up-to-date knowledge and skills on interpersonal development; then understand how to identify gaps between their desired performance and current outcomes.

## How Poverty Can Change the Brain and 25 Things Teachers Must Do

Tammy Pawloski, Francis Marion University

Current research confirms that the achievement gap between children of poverty and their wealthier peers continues to grow. Why is this happening and what can schools do? This fast-paced presentation includes music, video, and powerful graphics to address the ways that growth and development are impacted by birth and life without resources. Participants will explore research-based strategies designed to address the common needs of this population, and they will leave with real strategies that may be immediately implemented in the school and classroom.

## Supporting the Success of Our Youngest Students: K-3/Kindergarten Entry Assessment Focus

Catherine Woodall, Darlene Germano

In response to legislation passed by North Carolina's General Assembly, and to meet requirements of the Race To The Top Early Learning Challenge grant, the NC Office of Early Learning is designing a developmentally appropriate, individualized assessment for K-3 children. The Office of Early Learning is please to invite you to attend a K-3 Assessment Focus Session. During this session, the K-3 Assessment Project Team will provide an update and invite you to share your thoughts and suggestions regarding the development of the K-3 Assessment which will include a kindergarten entry assessment process. By working together, we will be able to create meaningful assessment that supports the success of our youngest students.

## Beyond Crafts: Teaching Art to Preschoolers, Even if You Can't Draw

Elsbeth McClanaha and Tracy Rains, North Raleigh United Methodist Preschool

Roll up your sleeves, prepare to get a little messy and put on that creative hat you didn't know you had. In this seminar, you will learn why we teach art, simple basic techniques to help you start children drawing, and easy fun ways to introduce the Great Masters. All this in a way that is easy for you, the children enjoy, and enhances process art. Easy techniques any teacher can apply to their classrooms. So you can't draw? No problem. You don't know Monet from Picasso? You will.

## Outdoor Play Done a Whole New Way

Ron Mohl, Lakeshore Learning Materials

Participants will learn how to bring indoor learning outside. The early learning content areas and centers that are being used during the day will find a fresh perspective as we take them outside. Outdoor opportunities including Science, Math, Language, and Music will be created in this session to take advantage of a natural setting. We will also discuss the best ways to identify and manage outdoor learning.

## It's More Than a Party: Harnessing the Power of Parent Involvement

Sarah Lawrence Hopkins and Gina Troball Carteret County Schools

Do you want parents to gain a greater understanding of what learning through play looks like? Do you feel disconnected from your families and want to build a partnership? Harness the power of parent involvement to build relationships with your families while making greater social/emotional and educational connections for children. We will share personal experiences that shaped our view of family involvement. We will discuss the steps we took to expand our family involvement plan from 2 classes to a school wide initiative. Attendees will see multiple applications of how to integrate curriculum and purposeful play into a parent day.

## Rich in Two Languages: English and Spanish

Dale Pomerantz

Cuentos (stories), libros (books) and canciones (songs). Traditional fairy tales like Jack and the Beanstalk are known everywhere in the world. Participants will have opportunities to listen to fairy tales and familiar books and songs in Spanish and English. Ideas in the stories, books and songs will be expanded to include puppets, props, cooking, art, music, play, dance and self expression. This interactive session will include attribute charts, story murals and rhymes. Participants will return to the classroom with a fresh perspective with the understanding that children will benefit from the richness in language that flows naturally out of many language experiences shared.

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## Healthy Choices: Constructing Minds and Bodies in a Reggio Inspired Program

Andrea Anderson and Tawnya Testerm, Lucy Brock Child Development Laboratory Program

Participants will learn how a Reggio Emilia influenced program uses healthy meals and snacks to impact children's health and learning. This session will explain how the Lucy Brock Child Development Laboratory Program at Appalachian State University has built a food program on the premise that children are competent and learners that deserve nutritious foods and pleasant, social meal times. Join us as we share menus, resources, and documentation of children's learning in regard to the food program. We will share how we are constructing a food program that supports the children's optimal development for their minds and bodies.

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## Before and After: Room Makeovers that Promote Healthy Development and Learning

Linda Hutchinson, Ph.D., Winthrop University

Participants will learn about the importance of the preschool "environment" which has been referred to as "the third teacher", after the child's teacher and family. "Before" photos, illustrating typical problems with room arrangement, colors and clutter, lighting, acoustics, displays, insufficient storage and equipment are contrasted with "After" photos and explanations of how these environmental changes promote healthy growth and development.

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## How Noah Kept Peace in the Ark

Angela Wilson-Newsome, Ark of Safety Preschool & UNC-TV, and Marshall Newsome, Ark of Safety Preschool

Does your classroom sometimes feel like it should be renamed "Where the Wild Things Are"? Is the peaceful trickle of your serenity fountain muffled by the sound of children bickering and crying? Do you sometimes feel more like a referee than a teacher? If you answered yes to any of these questions, this is the session for you. Join us to learn how PBS favorites, Mister Rogers and Daniel Tiger, can help your students develop social competence skills while enhancing your classroom management skills.

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## Respectful Interactions With Infants through Routines and Activities

Sandy Newnan, M.Ed. and Lisa Godwin, PhD, Central Piedmont Community College

NC has approximately 80,000 infants in childcare. Current research on brain growth and the importance of the early years highlights the need for specialized education and training for the growing infant workforce, to prepare them to nurture infant brain growth and support healthy social and emotional development. This session will examine appropriate interactions between adults and infants throughout the day. Through video observation and role play, attendees will learn current research on infant brain development and the importance of respectful interactions. They will learn to have an opportunity to practice ideas for easy activities, using free or inexpensive materials.

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## Teaching the Whole Child—Creating A Developmentally Appropriate Faith Based Curriculum

Mistie Cogbill and Alice Patton, Black Mountain Presbyterian Church Weekday

Discover how to build relationships between teachers, children, families, and your community through our school's journey into designing a developmentally appropriate faith based curriculum. Explore strategies to create a program that extends beyond the typical areas of development and includes each child's growing spirituality, in a respectful and supportive environment. Increase your understanding of how your own beliefs and life experiences can affect your classroom and the powerful role teachers play in influencing the development of the "whole" child.

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## Framing Mathematics Understanding: Using the 10-Frame to Build a Strong Foundation

Juliana Harris, Martin County Schools, and Andi Green, Edgecombe County Schools

In this session, participants will gain a deeper understanding of the use of the 10-frame as a mathematical tool for young learners. Emphasis will be placed on the alignment of the Common Core Math curriculum from kindergarten through first grade. Participants will engage in hands-on activities that show the developmental progression of numeration and will be provided with access to materials for easy implementation upon return to the classroom.

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## Making the Case of Quality Early Care and Education Policy and Funding

Michele Rivest, NC Child Care Coalition

Early childhood education affects over 250,000 young children and more than 7100 licensed child care providers, but every year early childhood education is debated by state policymakers who may not always be supportive. Come learn how to make a difference for young children and families and become an effective early childhood education advocate. Participants will learn about the legislative process, and how early care and education policy is made in North Carolina. We'll discuss effective community and advocacy tools and strategies, and then practice these skills including letter writing, phone calls, emails, petitions, social media, and coalition building.

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## NAEYC Accreditation Information Session

Francesca Busse, Rainbow Station, and Linda Caldwell

What exactly is NAEYC Accreditation? Want to learn more about the process? Are you in the various stages of self-study? This session will introduce participants interested in learning more about the NAEYC Accreditation process, as well as provide tips and answers to FAQs about the NAEYC Accreditation journey.

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## Healthy Meals Step-By-Step

Rachelle E. Hardison, Onslow County Partnership for Children

This session is designed to help participants learn why good nutrition and healthy meals are important to young children. Participants will discuss best practice guidelines in meal planning and identify the steps to healthy menu planning. Participants will engage in discussion and group activities and will be given a pre/post test to assess their knowledge gained. The instructor will provide feedback on outcome mastery throughout the session and during group presentations to assess knowledge gained.

## Lions and Tigers and Bears—Wild Ways to Integrate Creativity and Movement

Derick Wilder, Playball and Reading Giraffe

Would you like to head out on an African safari? Or catch butterflies or even chase down dragons? Well, here's your chance! This highly interactive workshop is all about learning through doing, as you'll participate in a series of games that demonstrate ways we can tap into children's most powerful tool—their imagination. By focusing on the fun side of physical activity and integrating captivating storylines, you'll discover how to create a positive, nurturing environment that encourages ALL children to join in, including the shy kids and those who are not little sports "superstars". So get ready to move!

## Updates from the Division of Child Development and Early Education

Jennifer Johnson and Mary Lee Porterfield, NC DHHS/DCDEE

Join us for an overview of the recent changes at the Division of Child Development and Early Education (DCDEE), including the latest news from our Race to the Top Early Learning Challenge Activities. Participants will have an opportunity to ask questions and give feedback about DCDEE's various initiatives to strengthen the early care and education system in North Carolina.

## Teaching in the 21st Century Classroom: Adventure Awaits!

Katherine Generaux and Cindy Webb, Partners in Learning

So what is "21st century classroom"? We are no longer an industrial, manufacturing society. Though these were the types of efforts that made us the great nation that we are, we can no longer rely on industry to keep us competitive in the new, global community. Today we must rely on diverse leaders, innovators, people who work well within groups, effective problem-solvers, people whose imaginations have been nurtured and effective communicators. Where do we find such people? We create early education classrooms where children thrive in an environment that encourages these skills to be cultivated. Learn who it's done through this session that will provide fun, hands-on experience. We hold the future of our country. It starts with us.

## Introducing Conscious Discipline

Kim Hughes, Conscious Connections LLC and WCPSS

Conscious Discipline is a comprehensive classroom management program as well as a social and emotional curriculum based on current brain research, child development information, and developmentally appropriate practices. Discover how Conscious Discipline, a transformative and practical model, empowers teachers to impact children's behavior. This session is designed for those who are new to Conscious Discipline, or those who might benefit from a refresher. Join Kim for an interactive session filled with great information and tips to empower YOU and the children you teach!



## Creative Reading Activities For Teachers: C.R.A.F.T.

LaAlice Hopkins, Nash Rocky Mount Schools

Reading is an art and it takes a craft to implement it successfully. Do your students drag their feet when you say time for a story? Are you running out of ideas and books to help foster children's love of reading? If so, come explore new and creative ways to jazz up your reading lesson. In this session, we will share with you how to create several activities around a single book that are compatible with Common Core. We will provide activities that reinforce reading strategies like visualization, inferencing, and critical thinking skills to get your students excited about reading. By the end of this session you will have ideas to implement the very next day!

## Show Me the Money: Lost Cash in your Budget

Regina L. Folks and Marie Marks, ECE Director's Network

In this session participants will gain a foundation of knowledge of marketing and how to market to their specific communities and create financial management systems to support economic progression. The learner will experience working in their circle of financial competence serving their families and community, and then controlling their marketing-infrastructure systems that lead to success. Participants are able to review, discuss and evaluate their current financial and marketing strategies, then eliminate or add key functions to their infrastructure to grow their business.

## Developmentally Appropriate Practices in Kindergarten

Eva Phillips, EdD, Winston-Salem State University, and Amy Scrinzi, EdD, NC Department of Public Instruction

This session will discuss the five fundamental concepts of developmentally appropriate practices for kindergarten as described in the NAEYC publication Basics of Developmentally Appropriate Practice: An Introduction for Teachers of Kindergartners. Strategies for practical application in a kindergarten setting will be explored

## Individualized Supports to Promote Children's Social Competence

Brenda Dennis, Campbell University, and Doyle Woodall, Johnston County Schools

A one-size-fits-all approach to implementing strategies that support children's social and emotional development works for most children. But what about children who need additional support to benefit from those strategies? Based on the Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children, this interactive session explores how to individualize supports to provide children with the extra help needed to demonstrate appropriate behavior and prevent problem behavior. Numerous examples of strategies that are inexpensive to make and easy to implement will be shared. Participants will receive materials to construct one individual support.

## Personalize Your Classroom With More Teacher-Made Ideas

Joyce Kohfeldt, I.E.S.S., Inc.

Develop simplified formats for hands-on ideas that support the needs of ELL and special needs students like no commercial products can. Create inexpensive resources with classroom supplies like bulletin boards, trim and other decorative type items combined with your imagination and personal touch. Include culturally relevant examples that touch all the students in your classroom. Come explore classroom examples that will rev up your creativity. Handout of ideas provided.

## **Making Meaning: Practices in Preschool and Kindergarten that Close the Achievement Gap**

Dr. Paula Grubbs, Smart Start of Forsyth County, Inc.

This session will explore the long-term impact of high quality, developmentally appropriate preschool and kindergarten education, particularly for children who live in poverty. This presentation will discuss developmentally and culturally effective practices for young children that provide lasting impacts through subsequent school years and result in positive academic outcomes. Practices that impact the achievement gap will be addressed. Specifically, participants will consider meaning-based strategies that lead to success in facilitating children's language and literacy development.

## **Connect 4: Connecting with Staff, Families, Students, and Community**

Kim Jackson, Wake County Public School System, and Wendy Secrest, Catawba County School System

Come join us for an exciting session designed to provide you with numerous strategies and suggestions for connecting with your fellow teaching staff members, students, families of your students and members of your surrounding school community. Whether it's music, videos, material examples from the classroom, or group activities, this session promises active engagement. Come on in and play "Connect 4" where you will leave with winning ways to begin your new school year.

## **A Family Centered Approach: Goals, Values and Culture**

Dale Pomerantz

In this session, participants will define "values" and "culture" and how these definitions pertain to the teacher-child-family relationship. Promoting prosocial development in the children they care for will be considered. Participants will practice vignettes and role playing scenarios and discuss why bridging the early care and/or primary school program and home is relevant. Applicable options to roadblocks with respect to communication and problem-solving will be explored.

## **Building Positive Relationships is CLASSy**

Lara Kehle, KidScope

This session stresses building relationships with children, their families and colleagues and how these relationships impact social emotional development and create a CLASS Family. A hands-on approach allows participants to actively interact with the tools being introduced using videos and activities for better understanding of how participants can go back to their centers and use the information being discussed immediately.

## **Colorful Interactions: Art with Infants and Toddlers**

Kenneth N. Robinson, M.Ed., Durham Early Head Start

Very young children benefit greatly from positive adult-child interactions through sensory experiences like art. This session looks at providing engaging art experiences with infants and toddlers through the young child's perspective, with a focus on the responsive role of the early educator. Learn about the importance of providing open-ended creative and imaginative expression through art to even our very youngest children. Consider how as early educators, we can take pleasure in the process of this creative expression and not the ending product.

## **Ready to Read with Super Why**

Angela Wilson-Newsome, Ark of Safety Preschool & UNC-TV, and Marshall A. Newsome, Ark of Safety Preschool

Help young children become super readers by using the information that you will learn in this session. Wyatt "Super Why" Beanstalk and his story book friends will introduce skills that your preschoolers will use for a lifetime of reading and learning. Be ready for fun and games, and most of all, ideas that will promote literacy in your classroom.

## **Tweeting, Pinning, Blogging and More: Learning to Navigate the Social Media World**

Jenna Nelson, NC Child Care Resource & Referral Council, and Michele Rivest, NC Child Care Coalition

There are many powerful electronic tools we can use today to stand up and make our voices heard for what we believe in, to promote our business, and to connect with families. This session will focus on the use of Twitter, Facebook, Pinterest and other social media tools for advocacy; to gain attention for a cause, share strategies, engage allies. Participants will also learn how to promote their program and connect with stakeholders through the world of social media. Time will be spent working with the tools-attendees will also be invited to share their experiences with using social media.

## **Using Digital Pictures to Create Materials for Every Area in Your Classroom**

Jennifer Jones, Alamance Community College

Do you like to take pictures? Do you like to make things? This session will give you ideas for how to make materials for each area in your classroom. We will focus on how these materials can be utilized to maximize learning in your children. There will be an emphasis on literacy, social studies and STEM activities.

## **Brain Development 101: Wired Up and Fired Up for Learning**

Tina Olejija and Marie Taylor, Telamon

Laying the foundation for the emerging brain to be wired up for learning and to create shift in our thinking by building on life experiences and be able to achieve the most optimal outcome through interactive play.

## **Family Style Meals: Setting the Stage**

Terri Walls, BSN, RN, CCHC and Jennifer Bolz, Craven Smart Start

Have you ever wondered if you could serve meals family style? Have you ever tried to serve meals family style? Could you use a refresher on best practice of serving meals family style? Come join us and learn how to set the stage for happier, healthier meal times through family style meal service in the child care environment. We will have fun practicing with role play, learning through videos and discussion.

## Shape NC: How to Use this Evidence-based Model for Preventing Obesity in Child Care Settings

Pat Hansen, NC Partnership for Children, and Emily Allison, Randolph County Partnership for Children

This session will demonstrate how Smart Start and child care centers are taking action to prevent early childhood obesity through an evidence-based project, Shape NC: Healthy Starts for Young Children. Made possible by the Blue Cross and Blue Shield of North Carolina Foundation, Shape NC brings best practices in nutrition and healthy eating; physical activity and movement; naturalized outdoor learning environments and staff wellness to life in child care classrooms across the state. This interactive workshop will engage the audience in experiencing and learning how simple changes can have a big impact in making child care centers healthier places for children and staff.

## Overview of CSEFEL and the Teaching Pyramid

Wanda Fowler, Wake County Smart Start

This session introduces the Center on the Social and Emotional Foundations of Early Learning (CSEFEL) model and the Teaching Pyramid, which focuses on helping children develop strong social and emotional skills. We will learn about this model through playing games and having group discussions. When implemented in the classroom, these strategies help increase student's independence, reduce behavioral issues and creates a more peaceful and harmonious classroom. If this is the type of environment you want for your center, then this is the session for you!

## Giggles & Wiggles! It's Circle Time

Sharron Krull, Play Power & Discount School Supply

Join in this hands-on, participatory workshop demonstrating a variety of techniques and props for presenting music, movement, rhythm instruments, songs, finger plays, name games, stories, puppets, and creative activities. Have fun, get inspired, and take home lots of new ideas to make your group time more enjoyable and active for all children.

## NCAeYC Business Meeting

Dan Tetreault, President, NCAeYC Board of Directors, and Lorie Barnes, NCAeYC, Executive Director

Join the NCAeYC Board of Directors and staff to share in celebrating NCAeYC's proud history, learn about current initiatives and leadership opportunities, and help inform our vision for the next 60 years! Get an update on NAEYC's "National Dialogue" and discover ways you can engage with and support NCAeYC's Local Affiliates and Chapters across the state. Meet our newly elected NCAeYC Board of Directors for 2013.

## Engage All Learning Styles and Make Learning Fun

Jill Johnson, Harnett County Schools

In this session you will learn how to engage all learning styles and make learning fun! Count coffee beans for Mr. Beethoven and make his favorite drink. Create a constellation from Mozart's most loved and well-known songs. Stimulate higher order thinking by playing Mr. Bach's "Toc & Fug. In d Minor". Sing along with lyrics and pictographs from Classical Magic that will confirm students emotion! Conduct Beethoven's 5th Symphony and sing excerpts with lyrics and pictographs. Learn to think in patterns and phrases while dancing choreographed steps in counts of 4 and 8. Embrace diversity by performing songs in a combination of sign and body language. When these techniques and learning practice are applied within the classroom, knowledge is increased, subjects are interconnected and comprehended.

## Guiding Children's Friendship Development: An Essential Part of the Early Education Curriculum

Kathleen Cranley Gallagher, UNC Chapel Hill—FPG

The ability to make and retain friends impacts children's development in powerful ways, and is associated with positive social emotional health through life. Early childhood professionals can support all children develop warm, healthy friendships with other children, but it can be challenging. Attendees will learn: 1) how social interactions and friendships support healthy development, 2) how to integrate powerful strategies that will help children develop friendships into the curriculum, 3) how to use these strategies to support friendships with all children, with and without disabilities, and 4) how to avoid and respond to friendship challenges, including aggression, bullying, and isolation.

## Reading Giraffe—Where Books Run Wild!

Derick Wilder, Playball and Reading Giraffe

Reading is a key that opens the door to a lifetime of learning by tapping into a child's imagination! In this interactive workshop, we'll dive into picture books and share the secrets for making read-aloud sessions come alive. But that's just the beginning! In order to engage our little visual, auditory and kinesthetic learners, we'll create craft projects and participate in role-playing activities built around each story's themes and characters. The goal is to inspire a life-long passion for reading by making books fun and adventurous!

## Innovative & Developmentally Appropriate Methods for Using Technology in Early Childhood Settings

Cindy McGaha, Appalachian State University

Current advances in technology are changing the ways in which children learn. Technology is frequently being used for its own sake, rather than being driven by children's interests and developmental needs. This session will present ways in which teachers can use technology to facilitate children's learning in ways that are intentional, appropriate, and child-driven. The appropriateness of and methods for use of technology from birth through kindergarten will be addressed.

## Creating Productive Partnerships Through Communication

Amy Walters Gullledge, The Growing Years, and Adrienne Graves Scipio, Full time student

This session is designed to aid childcare providers in understanding the various issues that can cause breakdowns in communication between parents and caregivers. It enables providers to identify parent concerns and needs to be able to accommodate those requests. This workshop allows providers to make self-evaluations in an effort to make communication more successful. This main goal is to bridge the gap between parents and teachers so that we can make successful partnerships to generate a loving and comfortable environment for our children.

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## Ready, Set, School! Playing Your Way to School Readiness

Hardin Engelhardt and Christy Kissick, Marbles Kids Museum

What does school readiness mean? How can teachers and parents intentionally foster literacy, numeracy, and social and emotional development through play? Join us to learn more about what kids need to know and be able to do to be successful in Kindergarten and participate in hands-on play that gets them ready. Plenty of reading, writing, math and science fun!

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## Why Are You Green, Leaf? Teaching Science through Colors in Nature

Susan Styons, Retired NCDPI

This active engagement session will focus on colors of nature books and other color resources as science and sociology extensions are brought to life. Leaves are GREEN to absorb the maximum amount of life-means Go! Safe, natural, etc. RED is a warning color in nature-means Stop! Pay attention! Beware! Come engage in the time of your life as you discover the world of colors in nature and society. Transform your classroom into real-life science adventures.

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## The 21<sup>st</sup> Century Classroom: Move, Motivate, Minimize Worksheets, and Maximize Learning

Leeann Kirby-Odell and Elizabeth Dawson, Mount Airy City Schools

Many educators are familiar with the 4 Cs of the 21st Century Education; but do they also know and use the 4 Ms? We will actively engage participants with movement activities that lessen behavior problems as well as increase student performance. Examples of non-worksheet activities will be presented as a means of teaching Common Core Standards in a developmentally appropriate way. Participants will be introduced to a daily schedule that accommodates learning styles, individualization, creativity, critical thinking, as well as the needs of special education students.

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## We're All in this Together: Supporting Social-Emotional Competence and Executive Function

Marylee Sease and Lee Messer, Haywood County Schools

It's all about the relationships! Through visuals, classroom artifacts, lively discussion, handouts and take-away, two NC Kindergarten Demonstration Classroom teachers share powerful relationship-building strategies to support the development of social-emotional competence, executive function and self-regulation. Discover ways to be the catalyst in your classroom in helping your students develop these essential skills that can allow them to meet the challenges of the 21st century. Embedded in the presentation will be examples of how the quality of the interactions and experiences complement the Common Core and Essential Standards.

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## Pretend Play—How Teachers Support It and How They Involve Families

Heidi Hollingsworth and Marna Winter, Elon University

NAEYC's Developmentally Appropriate Practice and NC Foundations: Early Learning Standards both affirm the importance of pretend play in preschool for children's development of language, cognition, problem-solving, and social-emotional skills. This session will highlight why pretend play is important, and will provide specific evidence-based strategies for supporting pretend play in preschool. In addition, participants will view effective strategies for two-way communication with families about their children's pretend play. Attendees will participate in discussions and activities with each other and with presenters about the application of strategies to their own settings.

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## The Lost (but not the last) Piece of the Puzzle: Observation, Documentation and Assessment

Erin Brassell and Robin Pollard, Gaston College

Far too often, educators attempt to teach a child without first determining his/her present level of performance. At other times, educators have concerns about a child's developmental progress and/or behaviors. Both of these issues and many others can be addressed by practicing Observation, Documentation and Assessment professionally. We will review the reasons why these skills are vital for any educator. Practical methods will be presented which make these skills easy to practice on a regular basis in an early childhood setting. Recommendations for how to respectfully and sensitively communicate the results with families and other professionals will also be discussed.

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## Creating a High Performance Environment

Robin Sarine, Bright Horizons

We know managers are faced with many challenges in supervising and supporting a team of independent, individuals. We'll discuss how to face these challenges head on while creating a place where employees want to come every day and feel part of the team. Through sincere accountability, a passion for the work we do, sprinkled with a little perseverance, we may just find a recipe for success.

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## Dinosaur Train

Nanette Ausby and Sabrina White, UNC-TV

Harnessing children's enthusiasm for and curiosity about dinosaurs, this session will help spark 3 to 6 year old children's interest in life science and natural history. Participants will explore a variety of interesting animals, past and present, which helps develop the inquiry skills and core knowledge needed to help think, talk, and act like paleontologists.

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## Get your Motor Running! Fun Physical Activities for Toddlers and Preschoolers

Sharron Krull, Play Power and Discount School Supply

Join in cooperative group games and use simple equipment to promote motor skill development and increase moderate to vigorous physical activity. Learn how to use and recycle inexpensive materials to make homemade play props. Discover how to integrate movement and physical activity across the curriculum while supporting literacy, math, science and children's social/emotional development. Active play counters obesity while enhancing brain function and learning!



## **Scribble, Color, Draw: Key Readiness Skills Essential for Handwriting Success**

Denise Donica, East Carolina University

Focusing on a child's need to play and explore, learn engaging teaching strategies addressing key foundation handwriting skills that include fine motor skills, pencil grip, coloring, drawing, alphabet knowledge, letter/number formation, and name writing. Learn to create effective lessons using music, movement, and manipulatives to develop children's skills while addressing their diverse learning styles and abilities. Educators will be able to take strategies from this session directly into their learning environment to encourage readiness and emergent writing development using familiar classroom materials.

## **Taming the Jungle: Brain Smart® Strategies for Managing the Classroom Climate**

Jessica Flowers

The transition from home to school can be treacherous for both teachers and children, a real jungle. Transitions from center time to circle time can seem unmanageable. The Conscious Discipline® Brain Smart Start consists of 4 activities that help change our internal state from conflicted to peaceful, so we can experience deeper learning and more cooperative classrooms.



## **What Does a Pyramid Have to Do With Challenging Behavior?**

Pam Pace, Child Care Resources, Inc.

Are you hearing the terms "CSEFEL" or "pyramid model" and are not really sure what they mean? If you answered "yes", then come to this overview of the CSEFEL Pyramid Model. During this session, participants will gain a deeper understanding of the importance of healthy social emotional development in young children, factors that influence behaviors, and causes of challenging behaviors in young children. A variety of activities will help participants understand each component of the Pyramid Model and how it can be used to promote healthy social behaviors and prevent challenging behaviors in preschool classrooms.

## **Minding My Business; I Built This House**

Regina L. Folks and Marie Marks, ECE Director's Network

In this session, participants will gain strategies to support an effective program's organizational processes and facility management techniques based on the state licensing and NAEYC guidelines to support administrators in their effort to comply with applicable guidelines, criteria or regulations. The participants will receive management strategies and gain strategic planning techniques that are designed to ensure compliance with all applicable facility and program guidelines.

## **Transforming the Classroom Environment: Creating High-Quality Language & Print-Rich Classrooms**

Susan Styons, retired NCDPI

Journey with us as we learn new ways to design and enhance our classroom environments to provide optimum support for language and literacy development by ensuring children have frequent opportunities to "practice and pretend" reading and writing via both quality guided instruction and independent play. Bring words, letters, and sounds to life by creating centers of excellence in our classroom that motivate children to experiment with reading and writing through real-world application and play.

## **Learning To Giggle: Infusing Humor and Play into your Teaching**

Eileen Yantz, Gaston College

Faced with the challenge of obtaining, and retaining students' attention every day, a resourceful educator can use humor and other fun techniques to engage their students. This session will provide some techniques, suggestions, and resources for incorporating humor and fun into the classroom. This session will allow teachers to use their hearts and energies to combine laughter and learning for a positive impact on student achievement and development.

## **Kindergarten and The Common Core: Maximizing Student Learning Through Centers**

Amy Blessing, Pender County Schools, and Susan Choplin, Forsyth County Schools

Can Common Core and play-based learning really go hand-in-hand? Come see how three NC Kindergarten Demonstration teachers maximize student learning through a play-based environment. Learn how center-based instruction supports children's executive function (memory, focus, self-regulation) which builds a foundation for success with Common Core standards. Participants will also have an opportunity to share successes and challenges from year 1 of Common Core Implementation through a question and answer session.

## **Hands-On Activities for Global Citizenship in the Primary Classroom**

Tomika Altman, Durham Public Schools

Global citizenship starts with promoting young students' awareness about the world around them. In this hands-on, interdisciplinary session, participants will engage in activities that broaden their awareness of basic needs, people's relationship to the environment and ways to contribute to a sustainable future that promotes human dignity. The presented activities build knowledge and skills in science, social studies, math and language arts, while also fostering self-esteem, communication skills, empathy and cooperation. Receive lesson plans matched to the NC Standard Course of Study and the Common Core State Standards.

## **What is a Child's Identity Composed of? Studio Work and "the self"**

Patrick Manning and Melanie Brooks, Bright Horizons

This session will offer a glimpse into the ways that children form their identities and grapple with the concept of "otherness"—that which exists outside of one's self. Participants will learn to utilize a cycle of inquiry, as a vital tool for looking more deeply into the thoughts, feelings, and ideas of children. By exploring concepts such as "the self" and "the other", and approaching our work with an artistic research mentality that ask questions, we hope to gain a greater understanding of the children's learning, inspire our own practice, and search for some of life's meanings by utilizing our influences from the Reggio Emilia Approach.

## Music and Movement to the Beat of Math (STEM)

Nanette Ausby and Sabrina White, UNC-TV

Children birth to five can learn mathematics through beat, rhythm, and melody. (Quote from NAEYC's "spotlight on Young Children"). We will use the same concepts of teaching literacy through music and movement to teach math. Bring your favorite math songs, poems, and games and we will explore ways to use them to teach basic math concepts.

## The Brain Loves a Song!

Maryann Harman

Our brains enjoy music as much as we do, making it an easy way for everyone to learn and have fun. Come learn songs and activities with Mar. that will put skills in place for your children, while making it a positive experience for all. If you want to learn about how to implement brain research findings into your daily lessons, this is the session for you! Through lecture, interaction, music and hands-on activities, participants will have fun while learning how to meet state benchmarks with brain research. In this workshop, the attendees will not only learn about the brain research, they will learn practical implementations that can be used immediately in the classroom. The presenter will use many different ways to teach concepts to include lecture, movement, puppets, music, interaction and books. Participants will be invited to participate and interject comments/questions and add to the dialogue.

## Get the F.A.C.T.S! Formative Assessment Classroom Techniques in Science

Debra Hall and Donna Kenestruck, Department of Public Instruction

Formative assessment can significantly improve student learning yet the features of formative assessment are missing from many classrooms. This session will focus on how to use formative assessment strategies for science with K-3 students to help guide instruction and improve teaching and learning.

## Dialogic Reading: An Interactive Picture Book Reading Practice

Mary Knight-McKenna and Heidi Hollingsworth, Elon University

NAEYC's Developmentally Appropriate Practice and position statement Learning to Read and Write, both attest to the importance of interactive adult-child reading experiences. Yet story time often involves a teacher reading while children passively listen. This session will highlight dialogic reading, in which children actively respond to the story. Attendees will view short video clips and become familiar with five prompts used in dialogic reading, as well as benefits of the approach based on research. Ways to adapt dialogic reading for children with disabilities and children who are dual language learners will be discussed, and helpful resources will be shared.

## Money Play!

Maureen Holdsworth and Lori, Burlison, Marbles Kids Museum

Learn playful ways to get kids learning about money, math, and ways to earn, spend, save, and share.

## Strength Based Leadership and Supervision

Michelle Macon and Elena Avilez, Partners in Learning CDC

This session examines the behaviors and attitudes that accompany positive leadership within the organization with special emphasis on reflective supervision. The three building blocks of reflective supervision include: reflection, collaboration, and regularity. Participants will leave with an overall focus to broaden the understanding of the responsibilities and rewards of leadership. Positive leadership and supervision creates a relationship-based program. Come to this session with an open mind, ready to examine your organization and leave with a plan to improve your workplace!

## The Project Approach: A Strategic Way to Engage Young Learners!

Connie Wells, Edgecombe County Schools and Shari Funkhouser, Asheboro City Schools

Are you looking for ways to keep young children motivated and engaged in learning? This presentation will provide an overview of project learning, an approach using a complex but flexible framework characterized by active learning, high quality work, and highly motivated learners. Novices will discover how to get started with project work; experienced project planners will discover how to integrate additional concepts into project work. Project examples, photos, videos, work samples, and suggested topics will demonstrate how projects are aligned with North Carolina Early Learning Standards and can easily be implemented in the classroom.

## Cultural Competence & Family Engagement: A Treasured Alliance for ALL

Kim D. Pemberton and Beth Day-Hairston, Winston-Salem State University

Colleagues of the Winston-Salem State University Cultural Competence Breakthrough Series Collaborative Grant will provide a detailed overview of this grant's design, to create a network of skilled and effective personnel who support culturally diverse families while enlightening early childhood personnel in methods of strengthening their culturally responsive teaching practices.

## Creating a Foundation for Healthy Social Emotional Development

Katherine Generaux and Cindy Webb, Partners in Learning

The challenging behaviors we see in our classrooms today is often rooted in the early weeks and months of our human experience. Did you know that 35% of our population experiences poor attachments. The quality of our first relationships sets the foundation and interaction patterns we carry with us throughout life. As early education teachers, it is important to understand the impact attachment has on overall development. This workshop will provide an overview of attachment styles and how early intervention can impact positive change. Effective strategies for getting parents involved in the intervention process are also highlighted in this session.

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## Great Workplaces Arise From Great Leaders

Deborah K. Howell M.Ed. and Megan McIntyre BS, B-K Lic., Partners in Learning

Designed for those in supervisory roles this workshop will provide tools and strategies for conducting successful classroom observations to support and assist with teacher outcomes within the classroom. Additionally, supervisors will gain insight into the importance of promoting intentional teaching in their classrooms. Through lecture, role play and team building participants will increase their ability and knowledge of leadership, ethics and professionalism.

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## Phonics: The Missing Link

Kathy M. Crouch, and Debbie Spears, Richmond County Schools

According to the National Reading Panel (NRO), phonemic awareness, phonics, fluency, vocabulary, and comprehension are the five critical areas for effective reading instruction. "The Missing Link" is an explicit, systematic approach designed to target the first three critical elements. It was developed by a retired teacher with thirty years of experience in a first grade classroom. Teachers...if you want to discover how to incorporate the foundational skills from the Common Core into your language arts block and have loads of fun in the process, then this session is for you.

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## Classroom Management 101

Beverly Black, Emmanuel Christian Preschool

This session is meant to rejuvenate and refresh providers by encouraging exciting hands-on activities. The goal of this session is to encourage and enhance high quality child care. Providers will gain many new ideas for their classrooms.

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## Integrating Children's Interest in Lesson Plans with Supportive Activities and Documentation

Dr. Brenda K. Williamson, Division of Child Development, and Kristina Washington, Buttons and Bows Child Care

This session will walk you through the process of using children's interest topics to plan, implement and assess for whole group, small group and individualization related to Creative Curriculum Objectives and Foundations. Participants will engage in hands-on step-by-step processes through visual photos using data collected that will help children from initial assessment through progression of end-of-year.

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## Teacher Supervision—More Than Just an Administrative Duty

Danielle Talford, M.Ed, Dtalford Training Solutions/Mecklenburg County CDSA

This session is designed to enhance the skills of teachers and administrators in their role as a trainer, mentor and coach. Participants will gain a deeper understanding of how to provide supervision to one another. Participants will discuss research on what teacher supervision should look like and ways to encourage co-workers to functionally and appropriately supervise each other, making teacher supervision more than just an administrative duty.

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## Quality Begins With You

Catina Anderson, Rowan Cabarrus Community College

What are your goals and vision for your program? What is your philosophy in reference to caring for and educating young children? This workshop will help you create and develop center policies, practices, and procedures that will support your program goals and vision and refine your skills as an effective leader. This dynamic workshop will propel your leadership skills to another level. Are you ready to have a staff that represents your goals and vision? If so, this workshop is for you. You will learn how to interview and hire the RIGHT employee, provide detailed staff orientation and training, effective professional supervision, and engaging and interactive staff meetings.

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## Mighty Oaks from Little Acorns Grow: Teaching Children in Outdoor Learning Environments

Lisa Bruggeman, Asheville City Schools, and Rachel Harkey, Stanly County Schools

Pre-Kindergarten and Kindergarten students benefit in multiple ways from experiences in outdoor learning environments (OLE) OLE support children as they develop sensory perceptions, gross motor skills, cognition, and a love of the natural world. Come learn from the experiences of two NC Demonstration Classroom Teachers, as they implemented and used OLE with their students to facilitate students' learning and development. Discover components of OLE that can be used with students. Explore ways to use OLE to Implement Foundations and the Common Core and Essential Standards.

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## Enhance, Excite and Engage with PBS Learning Media

Mallory Mbalia, UNC-TV

This session will provide teachers with free interactive resources to enhance their instruction. PBS Learning media is a fantastic resource for teachers! It houses thousands of videos, images, lesson plans, games and more for teachers that align with the common core standards. Teachers will walk away with a method of delivery that they can implement in their classrooms immediately! The connecting literacy model will be presented. It has three components: Read, View, and Do! Teachers will participate in a full lesson using this hands-on, interactive model.

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## 10 Big Ideas for Positive Children Interactions

Mary J. Artis, UNC TV Educational Outreach

This session will explore 10 strategies that promote children's socialization and harmonious classroom interactions among children with teachers. The edits of UNC TV Educational Outreach's, "Clifford's 10 Big Ideas for Children", will be the primary source for materials used in this session.